

SEPTEMBER
2019

PENYWAUN DRIVING CHANGE PLAN



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1. Introduction and the story so far

In 2016, the community of Penywaun accepted the invitation from Building Communities Trust to take part in the Invest Local programme. Invest Local has £1 million to spend in Penywaun over 10 years, with the community deciding on what that money should be spent on.

Between 2016 and spring 2019, Penywaun Invest Local has made steady progress. Progress was hampered by the demise of Penywaun Enterprise project.

The Penywaun Invest Local steering group has been set up. The steering group comprises of interested residents and representatives from local community groups. The Steering group is slowly but surely securing interest from local service providers. The Steering Group is receiving requests from public bodies to attend and discuss scope for joint work.

The Invest Local group are there to steer the programme, make sure that as many people as possible find out about Invest Local and have the chance to be involved. The Invest Local group are also responsible to the wider community for their decisions about allocating funds to priorities. The group will also play a critical role in monitoring progress and checking the projects and priorities are making a positive difference in the community.

Our group has been meeting regularly to talk about how to find out what is important to the community (the priorities) and deciding on what activities and events should take place to let people know about Invest Local.

£22,000 of the £1 million has been made available to help run different activities and events to listen to people about their priorities and to help raise the profile of Invest Local. This is known as the 'Getting Going' fund.

So far, we have:

- Carried out community wide consultation to gain views
- Had a Community fun day event
- Held a carnival to check our consultation responses and
- Supported local groups to access small funds to enhance their activities
- Carried out a community door knock/consultation.
- Organised several events to get the views of young people and developed a trial of youth club with RCT youth service.
- Commissioned a building condition survey on Penywaun Community Centre.

The group appointed a Penywaun Enterprise Project as local Fund Holder in September 2016. Unfortunately, in March 2018 PEP went into administration and this stalled the process temporarily. The group appointed a new Fund holder, Interlink in summer 2018.

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2. Penywaun Community Profile

Penywaun is a large housing estate situated right at the top of the upper Cynon Valley in Rhondda Cynon Taff. Penywaun is located between Aberdare and Hirwaun and has a population of around 3000. Trivallis a social landlord manage the majority of the housing, with some smaller housing providers having limited stock. There is also a fair number of privately owned dwellings. The estate was largely developed after the Second World War and sits in the shadow of the Rhigos Mountain, a few miles from Tower Colliery.

Penywaun has a history of community action originating with the Miner's Welfare Hall and in the 1990's Penywaun Enterprise Project was developed as a means of addressing some of the worsening social and economic issues following the 1984/5 Miners Strike. Penywaun Enterprise Project was the initial Fund holder in Penywaun and provided a focus for Invest Local activity and engagement. PEP acted as a community anchor organisation for 25 years, however changes in funding streams, the demise of communities first and limited governance led to its closure in March 2018. The governance related issues and perceived lack of transparency has led to fractured relationships and limited trust. Penywaun has a limited number of community organisations. Most of the community activity happens through Penywaun Community Centre. The centre accommodates informal community activities such as playgroup, bingo and older persons coffee mornings. The centre also hosts surgeries and sessions for service providers such as Job Centre Plus, Trivallis and the PCSO.

The Penywaun area consists of the Penywaun community, the Trewaun and the Trenant community with a number of other smaller areas between the two.

There are some community buildings and facilities within the area. The Community Centre and Social Club are in a poor state of repair. The CANA centre is currently closed and disused. The Invest Local group were delighted to hear from Coalfields Regeneration Trust regarding their desire to take on CANA centre. Coalfields wish to work with RCT council to purchase CANA and create a training and learning centre. CRT are extremely keen that Penywaun residents are able to take up potential longer term training and work opportunities as the former Tower Colliery site is redeveloped. Current proposals for the Tower site are construction of affordable homes, tourism and leisure developments such as a Zipwire and a planetarium. The IL group have committed to work with Coalfields to ensure that local views are a part of the CANA development from the outset and to ensure that CANA and the community centre developments are complementary. The role of the community centre as a centre for wellbeing and social activity is highly complementary with that of CANA centre as a training and development centre. There has recently been a very positive discourse between CRT, Invest Local steering group, Community Centre Committee, St. Winifred's Church, Trivallis, Interlink and Rhondda Cynon Taff Council about the possibilities of collaboration to enhance local activity and meet community-identified priorities.

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The community facilities in the local area include:

- Community Centre
- Social Club
- Flying Start building in Penywaun School(The Pod)
- Post Office
- Fish and chip shop
- 2 grocery shops
- Pub
- Sandwich shop/café.
- St Winifred's Church,
- Play area
- 2 allotments (Keir Hardie and Mangoed)
- Penywaun Primary School (an English language Primary)
- Ysgol Gyfun Rhydywaun (a Welsh Medium High School).

There are a small number of very active community based groups with the majority of activities run from Penywaun Community Centre with Tang So Do running from St Winifred's and the Football club running from Penywaun Social Club.

- Older Peoples Group
- Penywaun Paraders Jazz Band
- Parent and Toddlers
- Penywaun Football Club
- Tang Soo Do
- Community Centre Committee
- PCSO surgery
- Drama Group
- Canny Quilters
- Penywaun School PTA
- Tenants and Residents Group
- Keir Hardie Allotment Group
- Mangoed Allotment Group
- Communities' for Work – Job Club
- Citizens Advice Bureau
- Alicia Martin Marchant Harris Family Law Solicitors
- IT class Andy Maxwell
- St Winifred's Church
- Penywaun Club Committee

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2i. Key facts about Penywaun

- 23% of the population are aged 0-15 compared to the Welsh average of 18%
- 40% of all families with children that depend on them are lone parent families (175 families in total). This is compared to the Welsh average of 27%.
- There are a higher proportion of people who are out of work in the area compared to the Welsh average.
- 16-24 year olds receiving workless benefits is 16% compared to Welsh average of 5%
- The overall crime rate in Penywaun is higher than the Welsh average
- 38% of people who are working age claim benefits from DWP (this includes people in work). This is compared to the Welsh average of 15%
- 41% of people claim housing benefits compared to the Welsh average of 18%
- 53% of children are classed as living in poverty by DWP/HMRC compared to the Welsh average of 21%
- 32% of people have a limiting long-term illness in Penywaun compared with 23% across Wales
- 49% of people have no qualifications in Penywaun compared the Welsh average of 26%
- 43% of households have no car compared with 23% across Wales

3. Deciding our vision and priorities

What do people in Penywaun think?

Over the last 18 months a number of consultation events have taken place in Penywaun to make sure that as many people as possible have had their chance to put their views across. Through the Invest Local Getting Going fund Penywaun Community Panel have funded the following events:

- Afterschool Club
- Fun Day
- Winter Wonderland
- St Winifred's
- Carnival

They have also run consultation at the following events/with the following groups:

- Parents Forum
- Recycled Teenagers
- Older Age
- Penywaun School Fayre
- Hirwaun YMCA

The Invest Local steering group spoke to 253 people in total.

What do people like about living in Penywaun?

By far the most popular answer to this question was the community spirit and the friendliness of the people living in the community.

A number of people stated that they could not imagine living anywhere else and had moved back to the area after a period away as they valued the closeness of the community so much.

People also valued family and friends, the local environment and the range of activities that they could take part in although under "improve life" one of things people did ask to see more of was community events and activities.

What is important to people, their family and their community?

People talked about things that were important to them. The points that came up the most were:

- The sense of community spirit in Penywaun
- Friends and family having them living nearby or to visit
- Children and young people – the importance of providing for them and securing their future
- Safety particularly at night time
- Local activities and events

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What could be better/improve life in Penywaun?

By far the strongest theme coming out of what would improve life in Penywaun was:

- Activities for children and young people.
- Safety
- The local environment improvements
- Local services and welcoming community venues
- Better community spirit
- Better communications
- Better parks
- More events

4. Our Vision for Penywaun and how we're going to get there

i. Our vision for Penywaun is.....

- Local organisations work together and more residents actively involved in community life through groups and activities
- There is a positive image of our community and of Penywaun's young people (behaviour, work, and school, involved in groups). Young People will be positively active in the community
- Improved community spirit
- More community members with increased sense of well-being
- Improved services, improved public spaces and improved community buildings
- A safer community with services that help improve health and wellbeing.
- More available for the older generation who are happier in themselves

ii. Our priorities are...

- Increase resident involvement in existing and new groups, activities and events, improve communications, and make sure that people know what is already going on.
- Make sure that everyone in Penywaun feels supported and increase access to services and opportunities for wellbeing:
 - Improve our community buildings/assets
 - Need to make sure that older people feel supported and respected
 - Need to support young people so that they feel valued and respected and respected themselves
 - Need to make sure that families feel supported and respected
- Provide services for people in Penywaun that they need
- Need to protect and improve green spaces
- Make Invest Local evergreen in Penywaun

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5. The main projects or activities that will help us to meet our priorities

All of our priorities are important but that some of the activities we have identified to deliver these priorities need more work. This is our first plan, we are focussing on taking forward projects that can happen straightaway and start to build foundations for the delivery of activities in our next action plan.

Priority A: Increase resident involvement in existing / new groups and more community events

Residents have expressed a clear desire to build on what they feel are the strengths of the Penywaun Community. The sense of community and the principles of self –help. It was strongly felt that people in Penywaun can rely on each other in times of crisis. The desire to support self –sustaining community based activities is very strong. However, more people need to join a network of community activists / volunteers who can provide the fabric of a community led “safety net”. We think that with the right support we can really make a difference locally. Drawing on the information and views gathered from our consultation activities, our Invest Local group have many ideas for how the community can be improved and enhanced. We have discussed ideas for a community “pantry”, for a school uniform swap service and support for people in crisis.

Many ideas for activities have been put forward We would like to see the formation of new groups in the area as well as any existing groups to grow stronger with increased community involvement.

We would like everyone to feel that our community is connected and that they can access support when they need it. We would like to look forward and build on the strong community spirit, which already exists. We would like to support and organise a series of Community activities and events that bring people together, increase connections and allow us to talk about what other ideas people have for our next plan. This will help us broaden our engagement, give people more opportunity to contribute and ensure that the activities we are including are the right ones.

In the first two years we will look at

1. Communication – newsletter,-video clips, using social media more effectively.
2. Activity Budgets for existing groups, this will be small to encourage more people to become involved...
3. Seasonal events budget – Summer holidays, Christmas to provide opportunities for residents to come together etc.
4. Protecting existing community led activities in Penywaun Community Centre (Linked to Priority and the development of Penywaun Community Centre as a community hub).

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Priority B: Make sure that everyone in Penywaun feels supported and increase access to services and opportunities for wellbeing:

- Improve our community buildings/assets
- Need to make sure that older people feel supported and respected
- Need to support young people so that they feel valued and respected and respected themselves
- Need to make sure that families feel supported and respected

The community profile for Penywaun shows the area has disproportionately high levels of worklessness, long term limiting illness and child poverty. The area is characterised by low levels of qualifications and reliance on benefits. We have also looked at the services currently available in the area and this highlighted the low level of opportunities available.

The lion's share of community led activities take place in Penywaun Community Centre. However, the structure and fabric of the building are extremely poor and require some significant investment. The demise of Penywaun Enterprise Partnership has had a severe and detrimental impact on facilities and infrastructure to support community members. One of our most pressing proposals is to improve Penywaun Community Centre. This is going to be one of our first pieces of work. We want to protect existing community provision and make Penywaun Community Centre a safe, warm and welcoming space fit for the future. The Invest Local group envisage turning Penywaun Community Centre into a community hub focussed on social activities and wellbeing. We want to see a mix of community led provision such as parent and toddler groups, groups for people to meet lunch clubs and support for people in crisis. Invest Local Penywaun is keen to improve access to services such as Citizen's advice, Trivallis, Communities for Work etc. and practical support such as photocopying, IT provision etc. The Invest Local group agree that either refurbishing/extending or rebuilding the community centre is fundamental to delivering the vision and priorities and safeguarding a vital community asset.

IL has recently supported the Community Centre Committee to undertake a building condition survey and options appraisal to determine whether refurbish is feasible, or if a rebuild is required. Preliminary feedback from the surveyor suggests that the community centre is suffering from subsidence and that there is asbestos present. The surveyor has also condemned the storage space, as it is too dangerous. This early indication suggests that we will need to make rapid progress. The Community Centre Committee plan to seek support from diverse funding streams. The Invest Local money will allow the community centre committee to commission enabling support. At this stage, the IL group envisage this to include; developing a business plan, commissioning architect's drawings, quantity surveyors, emergency works and potentially project management. The IL finance will act as match funding for other capital funding proposals, such as RCT Welsh Church Acts, WG Community Facilities etc. The group recognise that this is a potentially costly project and do not wish to sink too much IL into capital.

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In order to support the development and implementation of the plan activities, the group will be looking to employ a part time community co-ordinator/ project worker to support Invest Local members and maintain momentum. We will develop a small budget for IL administration. This support will enable the steering group to further develop, monitor and implement our plans. This will be an ongoing commitment.

When we asked people what was important to them about Penywaun, a number of responses related to a desire to feel that the community was safer. People were also keen to see more activities and facilities for children and young people in the area. Penywaun has very limited opportunities, for children and young people we felt it was very important to prioritise this. We have used some of our getting going funding to support a youth club pilot in St. Winifred's church in partnership with Rhondda Cynon Taff's youth service. The pilot has identified a real desire from young people to access activities locally. However, we have also seen a level of anti-social behaviour, which we believe to be indicative of low levels of confidence and trust among some of the young people. We are prioritising the continuation of youth club and wider wellbeing activities and have set aside a budget for this. We feel that young people are regarded with some degree of negativity. To a certain degree, young people often seem to act up to meet these poor expectations. We would like to change people's perception of Penywaun, and overcome any negative views. We want to work with our young people in order to increase self-confidence, pride and make the community feel safer.

We are also keen to support the members of our community who are suffering from loneliness, isolation and poor mental health.

In the first two years we will:

1. Develop proposals to refurbish or rebuild Penywaun Community Centre into a community wellbeing hub.
2. Support St. Winifred's Church to develop their facilities to enhance the buildings use and sustainability.
3. Support youth provision in the area by working with the youth service to develop a youth offer and active living/wellbeing provision.
4. We will develop a community support group to provide signposting as practical assistance to people in difficulty or crisis.
5. We will develop a lunch club as a place for people to meet and get support.
6. We will employ a community worker on a part time basis and a small administration budget to support our IL group to develop and monitor activities, partnerships and relationships with service providers.

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Priority C: Provide services for people in Penywaun that they need

This priority is closely linked to Priority B (develop Penywaun Community Centre as a wellbeing hub for Penywaun) and to support for priority groups of children and young people, families and older people.

There is a feeling that when Communities First was running there were some services, which people did not value. However, there are services and opportunities that build on the consultation findings and that the Invest Local group would like to see locally. The steering group focus has been on wellbeing and improving mental health. The group have discussed developing activities such as befriending, autism support groups, counselling services, and support for people experiencing difficulties from substance misuse.

Now there is a focus on developing links with services and organisations who might assist with developing more detail around this priority.

In the first 18 months to 2 years, the focus will be on developing support to alleviate loneliness and isolation and support community cohesion.

1. Scope and develop an informal befriending service with support from Red Cross or similar
2. Develop localised transport opportunities
3. Develop the coffee mornings to a wider audience and develop a lunch club
4. Support for St. Winifred's to improve their kitchen facilities to allow activities that are more diverse and improve sustainability.
5. Work with Coalfields Regeneration Trust in planning and Cana centre to be a training and learning centre for the Penywaun Community and surrounding area. The IL group feel this development is complimentary to the proposals for Penywaun Community Centre.

Priority D: Need to protect and improve green spaces

People in Penywaun want to see the existing green space protected and enhanced. Local people feel this is important so that the whole community can enjoy outdoor community space. There is a desire to see improvements both in formal and informal green spaces. The steering group wish to prioritise the development/improvement of parks for play and enjoyment by children and young people. The steering group is keen to develop informal spaces, which can be a home for wildlife and learning such as the former park managed by Penywaun Residents and Tenants Association.

The group have discussed working in partnership with Trivallis and the local authority. The group feel they have significant local knowledge to bring to the table and recognise that they could best deliver improvements through a two-way relationship where they bring their local knowledge and expertise and organisations bring their experience sourcing, installing and managing parks. Equally, the group would like to see existing spaces better managed and this is something they will take forward with Trivallis and the Council.

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The priorities which the steering group have identified and which they will focus on over the next 18 months to two years are;

1. Developing play areas, looking at play equipment and working with Trivallis and the Council to enhance existing assets.
2. Working with the Residents and Tenants organisation to enhance the community park/wildlife area.

Priority E: Make IL Penywaun Evergreen

The Penywaun Invest Local Steering group is extremely keen to ensure that all the activities and investment in the local community has long-term benefit and is sustainable. The group are cautious about investing the money in the right things to bring greatest benefit to the wider community. The Penywaun IL Steering group are also mindful that in terms of programmes and funding, the community has experienced boom and bust on a regular basis over the past 30-40 years. We are keen to explore options to see if IL funding can provide a return beyond the lifetime of the programme. We will explore all opportunities and the positives and disincentives of each to come to an informed decision. Penywaun IL steering group wish to avoid this at all costs and therefore they wish to consider two key things.

- 1, all projects will be developed and monitored with sustainability in mind.
- 2, The Penywaun IL group have asked BCT trustees to provide information and options regarding the opportunities and potential issues with seeking to invest for social purpose and bring a longer-term return. The group has an open mind and is keen to explore all options.

In Summary, in Years 1 and 2 Penywaun Invest Local will focus on;

- Communication – newsletter,-video clips, using social media more effectively. We will also support the production and publishing of a History of Penywaun.
- Activity Budgets for existing groups.
- Seasonal community events – summer holidays, Christmas to provide opportunities for residents to come together etc.
- Protecting existing community led activities in Penywaun Community Centre & developing proposals to refurbish or rebuild Penywaun Community Centre into a community hub.
- Support St. Winifred's Church to develop their facilities, enhance the building's use and improve sustainability.
- Support young people in the area by working with the youth service to develop an offer based on young people's views.
- Develop a community support group to provide signposting as practical assistance to people in difficulty or crisis.
- Trial a lunch club as a place for people to meet and get support.
- We will employ a community coordinator/ project worker on a part time basis and set a small administration budget to support our IL group to

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develop and monitor activities, partnerships and build relationships with service providers like the Council, The Health Board, Trivallis etc.

- Scope ideas for an informal befriending service with support from Red Cross or similar
- Develop ideas for local community transport opportunities to enable people to access community based activity.
- Develop our coffee mornings to attract a wider audience
- Work with Coalfields Regeneration Trust and others to design Cana centre to be a training and learning centre for the Penywaun Community and surrounding area.
- Developing our outdoor spaces both formal and informal play areas, looking at play equipment and working with Trivallis and the Council to enhance existing assets.
- Working with the Residents and Tenants organisation and others to enhance the community park/wildlife area.
- Considering long term sustainability of projects

Ongoing items for the Penywaun Invest Local Group will include:

1. Regular Invest local meeting costs and a small administration budget.
2. Continuing the conversations and speaking to more local community members
3. Explore ideas that build on the community's vision and priorities.
4. Involving the wider community in telling us if these activities are making a difference and in planning.

6. Links between our vision, priorities and projects

Vision

1. Local organisations work together and more residents are actively involved in community life through groups and activities.
2. There is a positive image of our community and our young people -behaviour, school, involved in groups. Young people are positively actively involved in community life.
3. Improved community spirit
4. More community members with a sense of wellbeing
5. Improved services, public spaces and community buildings
6. A safer community with services which improve health and wellbeing
7. More available for the older generation who are happier in themselves

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	Priorities	Linked to which part of the vision	Action/Project to meet the priority
A	Increase resident involvement, improve communications and make sure people know what is going on.	1, 2, 3,	<p>Communication – newsletter,-video clips, using social media more effectively. We will also support the production and publishing of a History of Penywaun.</p> <p>Activity Budgets for existing groups.</p> <p>Seasonal events budget – Summer holidays, Christmas to provide opportunities for residents to come together etc.</p>
B	<p>Make sure everyone in Penywaun feels supported and increase access to services and opportunities for wellbeing.</p> <p>Improve our community buildings and assets</p> <p>Priority groups - Older people, young people and families.</p>	1,2,3,4,5	<p>Develop proposals to refurbish or rebuild Penywaun Community Centre into a community hub.</p> <p>Support St. Winifred’s Church to develop their facilities to enhance the buildings uses.</p> <p>Support youth provision in the area by working with the youth service to support the development of youth club and active living/wellbeing provision.</p> <p>Development of a community support group to provide signposting as practical assistance to people in difficulty or crisis.</p> <p>We will develop a lunch club as a place for people to meet and get support.</p>
C	Provide the services, which people in Penywaun feel they need.	1,2,3,4,5,6,7	<p>Develop an informal befriending service with support from Red Cross or similar</p> <p>Scope localised transport opportunities</p> <p>Develop the coffee mornings to a wider audience and develop a lunch club</p> <p>Support for St. Winifred’s to improve their kitchen facilities and develop</p> <p>Work with Coalfields Regeneration Trust to design Cana centre to be a training and learning centre for the Penywaun Community and surrounding area.</p>

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D	Protect and improve green spaces	1,2,3,4,5,6	Developing play areas, looking at play equipment and working with Trivallis and the Council to build on existing assets. Working with the Residents and Tenants organisation and others to enhance the community park/wildlife area.
E	Make Invest Local evergreen for Penywaun	1,2,3,4,5,6,7	We are not sure what this looks like yet. However, we would like to explore opportunities to provide future income beyond 10 years. We do not want to be in the same position as all previous programmes in Penywaun. We have an open mind and wish to explore all avenues including the pros and opportunity costs of each.

7. How will we know if we are being successful?

We can find out if IL activity is successful in several ways. These include a number of things we can count such as increase in people attending community groups. We will also collect qualitative information such as case studies and we will look to run some focus groups and a short survey to see if people feel we are meeting the wishes set out in our vision and priorities. Please see separate monitoring and evaluation plan for more details.

8. How long is this plan for and when will we review progress against it?

This first plan is for two years. We will use this year to focus on communications and building our community. We recognise that we have not engaged everyone in our community yet but we will continue to talk to people and using the findings to create our next plan.

We will review our plan towards the end to two years to make sure the priorities are still relevant and the activities to be included in the next plan are the right ones.

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9. Who else are we working with to help deliver parts of our plan?

We recognise that we need to work with others to deliver some part of our plans and will be talking to a number of organisations within Penywaun and RCT to help make this happen. These include (but are not limited to):

- Rhondda Cynon Taff Council (various departments) Estates, Youth Enterprise Service etc.
- Trivallis
- Interlink
- Coalfield's Regeneration Trust
- Cwm Taf Health Board
- Rhydywaun School
- Penywaun Primary
- Travol
- CAB
- Communities for Work
- The Autism Directory
- Red Cross

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10. Our budget

This proposed budget will be spent over first two years of Penywaun Invest Local plan. We will develop the budget for future years through the evaluation and review process.

Priorities and Activities	Budget	Year 1	Year 2
A.			
Increase resident involvement, improve communications and make sure people know what is going on.			
Communications			
Communications, Newsletter, short films and publishing a short history of Penywaun	£5000	£2000	£3000
Activity budget for existing small groups	£3,000	£1000	£2000
Seasonal engagement events budget for Summer activities, Christmas etc.	£15,000	£5000	£10,000
Sub-Total	£23,000	£8,000	£15,000
B.			
Make sure everyone in Penywaun feels supported and increase access to services and opportunities for wellbeing.			
Improve our community buildings and assets			
Priority groups - Older people, young people and families.			
Developing proposals to refurbish or rebuild Penywaun Community Centre as a community hub.			
Running costs for the community centre	£4,000	£1000	£3000
Community centre budget	£80,000	£30,000	£50,000
Professional fees (architects, Quantity Surveyor, business planning) etc. and enabling works.	£(15,000) included within the £80,000		
Support St. Winifred's Church to develop their facilities to enhance the buildings uses			

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Security enhancements	£4,000	£4000	
Develop Kitchen	£6,000	£6000	
Equipment for Community activities	£4,000	£1000	£3000
Running Costs for St Winifred's	£2,000	£1000	£1000
Youth service support and the development of active living and wellbeing provision	£15,000	£5000	£10000
Support for a community support group to provide signposting as practical assistance to people in difficulty or crisis.	£5,000		£5000
Develop the coffee mornings to a wider audience and trial a monthly Lunch club as a place for people to meet and get support.	£2,000	£1000	£1000
Subtotal	£122,000	£49,000	£73,000
C. Provide the services, which people in Penywaun feel they need.			
Develop an informal befriending service with support from Red Cross or similar	£5,000		£5,000
Develop localised transport opportunities	£5,000		£5000
Sub total	£10,000	£0	£10,000
D. Protect and enhance our green spaces			
Develop our play areas, looking at Play equipment and working with Trivallis and the Council to build on existing assets.	£50,000	£10,000	£40,000
Working with the residents and tenants organisation to enhance community garden/wildlife area.	£10,000	£3,000	£7,000
Sub total	£60,000	£13,000	£47,000

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E. Make IL Evergreen	We have not allocated a budget just yet, as we are not sure of our options, or indeed, whether there are opportunity costs to this approach.		
We are keen to explore options to see if IL funding can provide a return beyond the lifetime of the programme. We will explore all opportunities, the positives and negatives of each. We will come to an informed decision.			
Invest Local Community Resources			
Community training and development Budget	£3,000	£1000	£2000
Part time community activity and events co-ordinator	£14750 per year (2 days per week) £29,500 over 2 years including management fee and admin costs/mileage etc.	£14,750	£14,750
Local administration (Laptop, printer, stationary, room hire and photocopying/photocopier costs.	£5,000	£3000	£2000
Meeting costs- room hire, refreshments	£2875	£1675	£1200
Sub total	£40,375	£20,425	£19,950
Total project costs	£255,375	£90,425	£164,950
Fund holder admin fee @5%	£12,769	£4,521	£8,248
Total costs of plan	£268,144	£94,946	£173,198
Total spend likely Year 1		£94,946	
Total spend likely Year 2		£173,198	

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11. Individual Project details

Project outline	Lead	Long term community benefits	What will this project achieve?	Budget
Improving Communication – Raise the profile of IL and local activities within our community by a variety of communication materials. We will do this by producing community newsletters, producing videos. We will also look to increase our social media presence and develop a local history publication.	Invest Local group	<p>Positive images of Penywaun.</p> <p>Improved awareness of Invest Local and how to get involved</p> <p>Increased volunteering base.</p> <p>Improved awareness of community activities and local opportunities.</p>	This work will help keep people informed of progress and let them know what is available to them in terms of community activity. We hope it will get more people involved and active in community life and improve community spirit. More people will know about Invest Local and will understand the programme. We also wish to help Community groups to recruit new members. We anticipate that this awareness will also help contribute to the development of the next plan if we use it to ask people what they think both about our first plan and about future projects.	£5,000
Activity Budgets for existing and new groups.	Invest Local Group	Protect and strengthen local groups and attract new users.	This priority seeks to strengthen existing and new local groups. We will provide small pockets of support of no more than £200-£300 to widen and extend the audience involved in activities. We know from experience that we need to encourage people to get out of their houses and	£3,000

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		Widen offer/appeal of existing local community groups.	get involved. Groups will need to make a simple application to the IL steering group. The budget is not for cases where other funding can help. The fund is for things, which cannot be funded elsewhere. The key question for the Steering group is “How will this help get more people involved in community activities?” One example we discussed was the recycled Teenagers applying to advertise widely, hold a Fish Supper and providing transport via a minibus to get more people involved.	
Seasonal activity and event budget. Summer Holidays, Christmas.	Invest Local	Improved sense of belonging and community spirit. Get more people involved and active. Increased volunteering base. Reduce loneliness and isolation	There was a very strong feeling that one of the positive ways of engaging with more people, improving community spirit and cohesion was by providing or subsidising seasonal activities and events. It was also felt that for families with several children, the summer holidays could be a difficult time, with little spare money for treats and activities. The IL group feel that locally there are also families with vulnerabilities and circumstances, (such as Additional Learning Needs) which make it challenging to access mainstream provision. It is felt that opportunities can be increased by working with organisations with specialist experiences.	£15,000

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			Examples discussed were wide ranging and designed to be inclusive and offer opportunities. The budget will support providing or subsidising family trips to the beach in the summer/ holding a fun day. Supporting other events and activities for all age groups. It was felt that providing these kinds of activities offers a springboard to engage with further community members and seek feedback on how IL is making a difference.	
Protect existing community led activities in Penywaun Community Centre & developing proposals to refurbish or rebuild Penywaun Community Centre into a community hub.	Community Centre Committee	<p>Improve and maintain a key community building/asset.</p> <p>Local groups working together effectively.</p> <p>Development of a community led space fit for the future.</p> <p>Development of a community</p>	Penywaun has few public community spaces. The fabric of the community centre is in need of some significant improvement and is currently not fit for purpose. It does not currently comply with health and safety or statutory compliance legislation. The IL group wish to create a safe, warm sustainable space, which can act as a hub for Penywaun. Investment in the community centre will enable a more diverse range of activity and also ensure the space is sustainable and fit for purpose for many years to come. The community centre will become a Community Wellbeing Hub. There is a desire to see a mix of local community run initiatives and wellbeing services by providers like Mind. The community centre have ambitious plans to improve and enhance existing social activities like parent and toddler /family groups, coffee mornings, recycled teenagers, autism friends. The community centre aspires to offer a menu of self-run groups to e.g.	<p>£80, 000</p> <p>Approx. £15,000 is needed to enable the initial stages of developing plans and proposals (professional fees) for the community centre and as a match for other capital (building) funds. We anticipate applying to lots of other funders for the balance.</p> <p>£4,000 for running costs £1K year one and 3K year 2.</p>

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		wellbeing hub and a mixed local, accessible community based offer.	more professional offers like Counselling/therapies. The project would enable a mixed wellbeing offer to take place in an accessible community setting.	
St. Winifred's Church Hall to develop their facilities to enhance the building's uses.	St Winifred's Church	Improve and enhance a key community asset Enhance the activities available locally. Improve sustainability & security of a key community building.	Along with Penywaun Community Centre, St. Winifred's Church is the only other space currently available for community use. St. Winifred's hall is used by a few community groups and hosts events that are open to the community. The church hall also hosts IL meetings and hosts the Youth Club trial. It is currently the only space compliant with fire safety regulations. Community Centre activities will decant to St. Winifred's hall whilst refurbishment/rebuild takes place. This is the only other community space. The proposal seeks to improve security and enhance the kitchen facilities to enable wider use. We propose to try a lunch club once the new facilities are in place. It is anticipated that enhanced usage will contribute to sustainability. There will also be a small contribution to the annual running costs over 2 years.	£4,000 Security enhancements £6,000 Kitchen upgrade £2,000 running costs (1k per annum) £4000 equipment for community activities
Support youth provision in the area by working with the youth service to	IL steering group in partnership	Reduce anti-social behaviour	Supporting and involving young people is a priority for Penywaun IL. The Steering group have invested a great deal of their time engaging with groups of young people and signing up to	£15,000

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<p>support the development of youth club and active living/wellbeing provision.</p>	<p>with RCT YEPS</p>	<p>Improve external perceptions of Penywaun</p> <p>Young people feel more involved in community life.</p>	<p>become Youth Service volunteers. The group have undertaken safeguarding training and supported a 10-week youth club trial. Feedback from the trial and demonstrated that young people are keen to engage in meaningful activity. There was a high level of anti-social and disruptive behaviour during the trial from some young people.</p> <p>The Youth Service will take a more proactive approach with more active living/sport based activities and a higher staffing ratio would be considered.</p> <p>However, the Steering Group agree that this will need careful monitoring. The Steering group may consider other approaches and is working on building their relationship with YEPS.</p>	
<p>Develop an informal community support group to provide signposting as practical assistance to people in difficulty or crisis.</p>	<p>IL steering group</p> <p>Interlink and other partners</p>	<p>Improved awareness of services and support available to community members</p> <p>Improved relationships with and take up of early intervention services.</p>	<p>This is a self-help initiative where a group of trusted local volunteers can provide signposting to services for people experiencing a difficult time. This builds on what already happens informally. The intention is to identify a partner who can develop a bespoke learning programme for volunteers so that they can safely listen to an issue and refer to a relevant service or indeed understand where to go for information which they can pass on.</p> <p>It is envisaged that community members wishing to participate will need support with DBS checks,</p>	<p>£5000</p>

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		Improved community networks.	<p>safeguarding training, GDPR, confidentiality etc. There is a need to improve awareness and relationships with key service providers such as DWP, Trivallis, RCT, etc. to understand the offer. The finance will support access to learning and support the cost of a community mobile phone for use by volunteers.</p> <p>The IL group will need to identify a partner to support access to bespoke volunteer training and awareness. This very much fits with the idea of turning Penywaun Community Centre into a wellbeing hub.</p>	
We will develop our coffee mornings and a lunch club as a place for people to meet and get support and to attract a wider audience	St Winifred's and Recycled Teenagers	<p>Local organisations working more closely together.</p> <p>Improved sense of wellbeing among community members</p> <p>Increasing participation in community activity</p>	There is a desire to offer informal social opportunities to a wider range of people and to trial a lunch club. The coffee mornings and lunch club will appeal to a wider range of people and encourage improved social connections and wellbeing. The finances will be used to trial a subsidised lunch club offer and offer more opportunities to attract a more diverse range of people.	£2000
Develop an informal befriending service	To be confirmed	Increased community	The steering group are keen to put measures in place to reduce the impact of loneliness and	£5,000

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with support from Red Cross or similar organisation.		connections and spirit Increased sense of wellbeing Improved local services Reduce loneliness and isolation	isolation. There is a desire to support older people in particular. However, the steering group feel that this issue exists across the community. The shape of this in not completely determined. It is linked with the development of a lunch club and community transport options.	
Develop ideas for local community transport opportunities.	Steering Group	Increased community connections and spirit Increased sense of wellbeing Improved local services Reduce loneliness and isolation	The community of Penywaun has good and regular transport links to Merthyr and Aberdare. However, linked to the issue of loneliness and isolation – the steering group feel there is room to explore localised community transport options. In order to take this forward the Steering group will need to develop relationships with organisations such as TRAVOL and Interlink, RCT passenger transport etc. to scope opportunities. This is viewed as important but is unlikely to be developed until year 2 of the plan.	£5,000
Working with the Residents and Tenants organisation and others to	Penywaun Tenants and	Local organisations	Penywaun RTA, with support from Trivallis, has turned a disused play area into an important public outdoor space. The area is an important resource for local people and the local school.	£10,000

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<p>enhance the community park/wildlife area.</p>	<p>Residents Association</p>	<p>work more closely together.</p> <p>There are positive images of the community.</p> <p>Improved public spaces and green space.</p> <p>Opportunities for improved wellbeing.</p>	<p>This can be further enhanced to provide opportunities to residents. The area is also an important space for young people and for learning. The steering group wish to work with the TRA to invest in and develop this important open space.</p>	
<p>Developing play areas, looking at play equipment and working with Trivallis and the Council to build on existing assets.</p>	<p>Steering Group with Trivallis and RCT Council</p>	<p>Improved green public spaces.</p> <p>Improved opportunities for play.</p>	<p>In Penywaun, many of the play areas have been removed for health and safety reasons. Additionally, some informal play spaces are allocated for further housing. The IL steering group are keen to preserve and enhance some space for play and to enhance wellbeing.</p> <p>The steering groups is keen to work with Trivallis and RCT to develop local opportunities in partnership. The steering group feel that this will maximise community benefit.</p>	<p>£50,000</p>
<p>We will employ a community project worker on a part time basis, set a small</p>	<p>Steering Group to identify delivery</p>	<p>More people know what is available</p>	<p>The Officer will work in the Penywaun community to support the Invest Local Steering Group to engage with local residents, groups, stakeholders and partners to develop and deliver</p>	<p>£29,500 Community /co-</p>

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<p>administration budget to support our IL group to develop and monitor activities, partnerships, and build relationships with service providers like the Council, The Health Board, and Trivallis etc.</p>	<p>partner. Interlink and CRT identified as possible</p>	<p>Improved local co-ordination</p> <p>Improved relations with service providers</p> <p>Local groups work together more effectively</p> <p>Residents are more involved in IL</p> <p>Steering group and local groups develop their project delivery capability.</p> <p>Project evaluations and change is better understood</p>	<p>a range of projects to meet the shared vision and priorities set out in the Driving Change plan.</p>	<p>ordination/project officer)</p> <p>£3000 for localised bespoke training and development</p> <p>£5,000 local IL administration to cover IT equipment, travel and subsistence.</p> <p>£2875 meeting costs, room hire and refreshments.</p>
<p>Work with Coalfields Regeneration Trust and others to design Cana centre to be a training and learning centre for the</p>	<p>CRT /Steering group</p>	<p>Improving community buildings and assets</p>	<p>The IL group have committed to work with Coalfields to ensure that local views are a part of the CANA development from the outset and to ensure that CANA and the community centre developments are complementary.</p>	<p>There is no budget currently envisaged for this work.</p>

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Penywaun Community and surrounding area.		Improved local services Positive image of Penywaun Localised opportunities for learning and development.		
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