

Annex 1

Invest Local Cefn Golau

Driving Change Plan



© 2018 Bluesky, Infoterra Ltd & COWI A/S, DigitalGlobe, Geomapping plc, Google, Landsat / Copernicus, The GeoInformation Group

	Contents	Page
1.	Introduction and the story so far	<u>2</u>
2.	Cefn Golau Community Profile - Key facts about Cefn Golau	<u>3</u>
3.	Deciding our vision and priorities	<u>5</u>
4.	Our Vision for Cefn Golau and how we're going to get there - Our vision - Our priorities	<u>6</u>
5.	The main projects or activities that will help us to meet our priorities	<u>7</u>
6.	Links between our vision, priorities and projects	<u>13</u>
7.	How will we know if we're being successful?	<u>14</u>
8.	How long is this plan for and when will we review progress against it?	<u>17</u>
9.	Who else are we working with to help deliver parts of our plan?	<u>17</u>
10.	Our budget for the first year	<u>18</u>
11.	Individual project plans	<u>20</u>

1. Introduction and the story so far

In December 2015, the community of Cefn Golau accepted the invitation offered to them by Building Communities Trust to take part in the Invest Local programme.

Invest Local has £1 million to spend in Cefn Golau over 10 years, with the community deciding on what that money should be spent on.

Between December 2015 and May 2018 a number of things have happened.

The Cefn Golau Together group has been set up, made up of interested community residents and representatives from local community groups.

The Community group is there to make sure that as many people as possible find out about Invest Local and have the chance to be involved.

Our group has been meeting regularly to talk about how to find out what is important to the community (the priorities) and deciding on what activities and events should take place to let people know about Invest Local.

£20,000 of the £1 million has been made available to help run different activities and events to listen to people about their priorities and to help raise the profile of Invest Local. This is known as the 'Get Going' fund.

- So far we have;
 - Held a Community House Open day
 - Held a Christmas event
 - Held regular music workshops for children and young people
 - Held music and singing workshops for the whole community
 - Had a Community fun day event
 - Carried out a community door knock/consultation.

2. Cefn Golau Community Profile

Cefn Golau is located in Tredegar and is part of Blaenau Gwent local authority area with a population of roughly 1,100.

The local area has some 385 households, of the properties in the area, the majority are owned by Tai Calon Housing association, the small remainder are privately owned.

There are a number of community buildings and facilities within the area which include:

- Flying Start Building
- Flying Start Nursery
- Local shop and post-office
- Ironsides social club
- Playing Court (MUGA)
- Small Play area
- Cefn Golau Community House

There are very few social and community groups that run out of these community buildings, but activities provided include:

- Parent and Toddler activities
- Youth activities
- Sports
- Coffee mornings
- Employment support/Job Clubs
- Digital inclusion work
- Food parcels
- PCSO Surgeries
- Flying Start
- Tenants and Residents Group
- Communities' for Work

Key facts about Cefn Golau

- Population – 1075; slightly higher under 16s population compared to the Welsh average.
- 28% of homes are privately owned (less than the Welsh average) others are mainly owned by Tai Calon Housing Association.
- Average house prices are lower than across Wales with a higher than average percentage of houses in the lower Council Tax Bands compared to the rest of Blaenau Gwent.
- 49% of children live in poverty (compared to the Welsh average of 23%)
- The local environment is mainly good with lower flood risk compared to the rest of Wales.
- Crime rates are higher than the Welsh average.

There are more people with a limiting long-term illness living in Cefn Golau compared to the Welsh average.

50% of people have no qualifications in Cefn Golau compared with 26% across Wales.

The percentage of people not in work or looking for work is over double the Welsh average compared to the rest of Wales. In general more women are claiming benefits than men.

3. Deciding our vision and priorities

A range of consultation exercises have been carried out with people across the community. Consultation was carried out over the period of October 2016 through to late August 2017 and varied in how it was done from sessions held community activities through to a conversations at a community fun day to questionnaires completed via a door knocking exercise. Nearly 123 people gave their views; the majority of whom were either under 25 or between 26-54 years of age. We would expect to continue these consultations over the course of this plan in order to reach more people particularly those of working age and above.

From these consultations we found that;

People in Cefn Golau value:

- The people
- The community spirit
- The local Community House

What's important to people in Cefn Golau:

- Community spirit and bringing people together
- Children and young people – the importance of providing a safe secure place for them to grow up
- Community safety
- Better community facilities
- Social activities
- The environment
- Access to services

What people would like to improve:

- Providing/maintaining activities and facilities for young people
- Community Safety
- The local environment
- Local services such as shops
- Better parking in the area
- Better parks
- Stronger relationships
- More activities
- Community buildings

Using all of this information, our community profile and our local knowledge the Cefn Golau Together Forum held a series of community action planning sessions which involved members of the forum and other organisations.

This has resulted in *Our Community Vision* and the priorities that we think will help us achieve this vision over this first, and future, years.

4. Our Vision for Cefn Golau and how we're going to get there

Our vision for Cefn Golau is.....

- To be an even stronger community
- To have access to more opportunities both inside and outside Cefn Golau
- For everyone to feel valued, supported and respected.

Our Priorities

- Improve the environment
- Make better use of outside space including access to play.
- Create a safer and more accessible community
- Improve community involvement in existing and new groups, activities and events.
- Increase access to leisure, education, health, employment and advice services for all community members.
- Improve access to transport.

5. The main projects or activities that will help us to meet our priorities

We recognise that all of our priorities are important but that some of the activities we've identified to deliver these priorities need more work than others. As this is our first plan, we're planning on taking forward projects that can happen straightaway and start to build foundations for the delivery of activities in our next action plan.

Priority 1 - Improve the environment.

When having our conversations with the local community, one of the areas that you liked about the area was the environment, you also said that this was an area that you would like improved.

We will look at different ways that we can do this during this year such as supporting local litter picks and maybe other things and hope to include something in the next plan to meet this priority. We will also continue to work alongside Tai Calon as a key partner working in this area.

Priority 2 – Make better use of outside space including access to play.

When we asked people what was important to them about Cefn Golau, some of the main responses were the environment, a safer community and there was also enthusiasm to see more activities and facilities for children and young people in the area.

Part of the future plans over the next 10 years for the outdoor spaces will be to create accessible safe areas for people of all ages to use and in particular children and young people. This will include working on existing facilities as well as exploring new opportunities across the whole of Cefn Golau.

With Cefn Golau being an area of higher than average numbers of young people with very limited social opportunities, we felt it was important that this was addressed sooner rather than later.

In line with the consultation findings, we have decided to look into opportunities for young people of all ages. The group were visited by Aneurin Leisure services and informed that if the MUGA facility was approved, they would be able to provide free, regular sports provision on the site for local people.

We have decided that this will be our first priority as it is something that we can do quickly and will be accessible to young people across the community.

in the first year we will look to work on the following areas:-

i. Investing in improvements to the MUGA

To resurface and rebuild the current MUGA facility and provide regular provisions for residents.

This project will be led by Game On Wales, a Coalfields Regeneration Trust programme with local authority permission to redevelop land. It will revitalise

a currently neglected community asset – a statement of intent from the group that we can get things done. This will allow the Blaenau Gwent sports development team and other partners to have a suitable, safe and attractive place to provide their service at regular times each week.

This will also link to the priority area 'Increase access to leisure, education, health, employment, advice and transport services for all community member'.

Further details of this can be found at the end of this plan.

Priority 3 – Create a safer and more accessible community

With high rates of crimes and anti-social behaviour in the area as well as fears about road safety, Improving Safety features very high in the consultation feedback.

We will be working closely with the TARA who area already looking at ways to support the community to address this including speed awareness days, hand held speed camera training and working with the police as necessary.

We also believe that improving the local MUGA and providing more activities for young people will help reduce anti-social behaviour.

Priority 4. Improve community involvement in existing and new groups, activities and events.

As part of the Invest Local consultation people have said that improving community facilities at the Community House or having a suitable community building is something they would like as well as the need for more activities and events.

Many ideas for activities have been put forward from fishing clubs to healthy cooking classes. We would like to see the formation of new groups in the area as well as any existing groups to grow stronger with increased community involvement.

The group will be exploring the opportunities available locally for a suitable community building/facility, this will include looking at the suitability of the Ironsides social club as a potential location.

We would like people to feel proud and part of our community. We would like to support and organise a series of Community activities that bring people together and allow us to talk about what other ideas people have for our next plan. This will help us broaden our engagement, give people more opportunity to contribute and ensure that the activities we're including are the right ones.

At present we do not know exactly what all these activities or events will be, but they will be developed in response to the ideas proposed by local residents.

We will also be looking at supporting the local Tenants and Residents Association (TARA) in the development of a vibrant community facility and explore any possibilities of a fit for purpose community building to host local groups and activities.

We think it is very important that we tell people what is happening with Invest Local and other local groups.

We have already held a community fun day and used social media but we want to use this first year communicate even more.

To do this we will install an electronic noticeboard in the community, create a logo, produce a community newsletter, and increase the amount of information on the Invest Local Facebook page.

The consultations also highlighted that many residents are looking for some kind of environmental project in the area, something for the older generation to get involved with. This has led us to look into the option of creating a Men's Shed in the area.

Men make up 47% of the population on the estate and, given the statistics above relating to skills and unemployment, this project offers social, health and educational benefits to participants. There is extensive evidence of positive effects on the mental health of those participating in Men's Sheds. The consistency and frequency of such reports suggests that older men find benefits to their mental health from participating in social and physical activities in Sheds, due to a greater sense of belonging and purpose in their lives.

It was identified through the community consultation that the maintenance of gardens was an issue for many residents and it is a possibility that this project could develop to address the lack of skills, tools and capacity for people to maintain gardens. Addressing those issues would allow people to enjoy their outdoor space and instil a sense of pride and community.

The project will create a meeting place that is specifically targeted at the needs and interests of men on the estate. It will address issues of social isolation, develop inter-generation relationships, utilise the skills that many men on the estate have but are not currently employed and give confidence and a sense of purpose to men who may not access any other support or services.

The project will improve physical and mental well-being, build a stronger community and help those seeking employment to develop practical skills.

In this first year we will look at:-

- i. Developing and sustaining regular community activities and events**
- ii. Improving communications including website, newsletters and social media.**
- ii. Developing a Men's Shed Initiative**
- iii. Exploring options for a new community building**

Priority 5. Increase access to leisure, education, health, employment and advice services for all community members.

The community profile for Cefn Golau shows the area has high levels of unemployment and child poverty and low levels of qualifications. Cefn Golau has over three times as many vulnerable groups claiming benefits as compared to the rest of Wales, workless benefit claims are 26.4% compared to 10.7% for Wales and 50% of residents have no qualifications.

We have also looked at the services currently available in the area and this highlighted the low level of opportunities available.

This linked with the consultation feedback showing the need for more services in the area and the new risks emerging from Universal Credit. Together with partner agencies and the TARA are looking to develop a project which will create access to many services and opportunities for local residents.

One of the first projects that we will be working on will be the refurbishment of the IT suite in the Community House and then create a schedule for agencies who can provide I.T training, Job Club, money advice and support to Universal Credit claimants

We will also look at any other building improvements that may be required to make sure it is fit for purpose for this service.

A role will be created to co-ordinate this project to ensure that the services provided are accessed to their full potential by the community. Further details of this can be found at the end of this plan.

In this first year we will look at:-

- i. IT suite refurbishment and co-ordination of a support service for Universal credit claimants.**

Priority 6. Improve access to transport.

From the very first meetings held with residents in Cefn Golau, one of the key issues that people have talked about is the lack of transport services in the area.

Very few households have access to cars, leaving many heavily dependent on public transport and taxi services.

Issues raised have included:-

- Very few buses into the area with little to no service in the evenings making working/accessing higher education etc outside of the area more challenging.
- With Cefn Golau being a hilly area, walking can be difficult for those with mobility issues, poor health or the elderly or younger children.
- Risk to the current school bus service which is both expensive and has low levels of use (because of cost).
- The difficulty accessing services outside Cefn Golau

We would like to pilot a **community transport scheme**. Our first step for this project is to talk to existing transport providers and also to the school head at Deighton Primary about future links. We also want to speak to local organisations already working in and around the area to look at providing access to these services through regular affordable transport.

The pilot will look at a range of solutions and also best practice elsewhere to trial suitable transport methods to meet the requirements of the local community.

We'll use the results of the trial to help put together a broader programme for the future, this will also give us time to talk to others, including organisations, about how this could work and who will work on it with us.

In Summary, in Year 1 Cefn Golau Together will be focussing on the following key ideas:-

1. Investing in improvements to the MUGA
2. Developing and sustaining regular community activities and events
3. Improving communications including Information boards, website, newsletters and social media.
4. Exploring options for a new community building
5. IT suite refurbishment and co-ordination of a support service for Universal credit claimants.
6. Developing a Pilot transport scheme.

Ongoing items for the Cefn Golau Together Group will include:

1. Regular committee and Forum meetings
2. Continuing the conversations and speaking to local community members we haven't spoken to yet.
3. Explore ideas that build on the community's vision and priorities.
4. Involving the wider community in the planning for the next Plan.

This will all be done with the ongoing support of Coalfields Regeneration Trust staff and additional development support to take all these from ideas into reality. Further details of this can be found at the end of this plan.

Role of Coalfields Regeneration Trust

We have been supported by Coalfields Regeneration Trust throughout our work. Initially they were chosen by the committee to become the Fund Holders for the Getting Going phase of the programme, we soon realised that we needed extra support to develop in the area, make links, and make projects happen. We decided to ask CRT to support us one day a week for the last year to help us to get to this stage.

Now that we have reached the time to identify our priorities and select our first projects and ideas for the Driving Change phase, we again have chosen to ask CRT to be our fund holder and also for extra development support to help us to turn these projects and ideas into reality.

We have decided to take that support and will be including this in the overall budget.

6. Links between our vision, priorities and projects

	Vision
A	To have a stronger community
B	To have access to more opportunities inside and outside Cefn Golau
C	To feel valued, supported and respected.

	Priorities	Linked to which part of the vision	Action/Project to meet the priority
1	Improve the environment	A, B & C	No confirmed actions at present, the committee will look at potential actions during the year.
2	Make better use of outside space including access to play.	A, B & C	Improvements to MUGA
3	Create a safer and more accessible community	A,B, & C	Ongoing work with the local TARA, Tai Calon and other partners. No specific project has yet been confirmed. Support, develop and sustain community activities. IT suite refurbishment and co-ordination of support services for Universal Credit
4	Improve community involvement in existing and new groups, activities and events.	A, B & C	Improved communications including Information boards, website, newsletters and social media. Support, Develop and sustain regular community activities Men's Shed Project Exploring options for a new community building
5	Increase access to leisure, education, health, employment and advice services for all community members.	A, B & C	IT suite refurbishment and co-ordination of a support service for Universal Credit claimants.
6	Improve access to transport	B	Develop Community transport pilot

7. How will we know if we're being successful?

There are a number of ways we can find out if what we're doing is successful. These include a number of things we can count, but also people's stories. We've already done some thinking about what these successes could be as part of our action planning; as this is a one year plan we would expect the successes listed below to be built on and extended in future plans. We have worked with the Invest Local evaluators People and Work Unit, to make sure that we're measuring the right things for all of our projects and priorities, through an outcomes workshop held in June 2017. Please see below our agreed measures and methods of monitoring outlined in the table below.

Black text = suggests that community members measure this, blue text = suggests that the ILO or external evaluators measure this.

Project / Activity	What change will this lead to?	How will we know?	How will it be measured?
1.	Improvements to the MUGA		
	More young people having fun	Young people enjoying use of the MUGA and the activities	Partner agency data records and questionnaire, case studies from users.
	More young people taking part in sports and leisure activities.	Numbers of people taking part in activities	Partner agency records
		Number of sports clubs and agencies using the provision	Attainment records
		Frequency of activities held	Timetable of activities
	more girls participating	female participants in formal and informal activities on the MUGA	Data of partner agencies
Less antisocial behaviour	Improved perception of safety	Questionnaires or part structured interviews, case studies or stories from users and community members	

		Less vandalism of the MUGA	Logged cases of vandalism reported on the MUGA
2.	Improving communications-raise profile of IL and community activities		
	Increased community social media presence	Number of social media interactions (Twitter/Website and Facebook)	Built in recording software
	Increased Cefn Golau Together members	Numbers attending meetings	Register and minutes
	Increased involvement in group activities	Numbers of residents attending community meetings, activities and events	Registers and monitoring data collected
	More people informed of what is happening in the community and increased access.	Numbers of people who feel better informed	Questionnaires or part structured interviews, case studies or stories from users and community members
3.	Developing Men's Shed		
	Improved well-being	Numbers of Men's Shed members who feel happier as a result of attending	Questionnaires or part structured interviews, case studies or stories from users and community members
	Reduced isolation	Number of Men Shed members who feel an increased part of the community	
	Improved skills	Number of people who learn a new skill	
	Increased engagement of men in the community	Number of men engaged in community activities	Registers and Membership forms

4.	Community I.T facility		
	Improved access to services	Number of people accessing the computer suite and support services including education and employment	Register-partner agency records Numbers of people accessing the services
		More people will be aware of support services available such as digital support, job searches, employment and training.	Partner agency records
Improve well-being of residents	More people who feel happier as a result of accessing the facility and support services. The change and "how will we know" bits don't match here	Questionnaires or part structured interviews, case studies or stories from users and community members	
5.	Community Transport Pilot		
	Increase access to services including local education, health and employment.	More people using the transport	Bus company data
		More options for transport	Timetable of transport provision
		More people accessing services inside and outside Cefn Golau	Partner agency records and registers
Reduce isolation	More people actively accessing leisure and social activities	Questionnaires or part structured interviews, case studies or stories from users and community members	
6.	Developing and sustaining regular community activities and events		
	Reducing social isolation	Number of regular activities and events held in the community	Activity timetables
		More people feeling proud of Cefn Golau	Questionnaires or part structured interviews, case studies or stories from users and community members

		More community groups	Partner agency data
		Increase in annual events held	Timetable of activities
	Increased resident participation and greater partnership working with agencies and services	Number of residents attending activities and events	Registers
		Number of partner agencies running and supporting groups in the area	Register of partners and groups

For projects and initiatives that have not yet been finalised, we will create project plans and the appropriate measures of success as progress. Some areas that we are working on, such as exploring community buildings are not projects in their own right as they are very early stages of potential future ideas. That is why there are no measures of success included in this section within this year's plan. If these explorations lead to future projects then we will include them in future plans.

8. How long is this plan for and when will we review progress against it?

This first plan is for one year. We will use this year to focus on communications and building our community. We recognise that we haven't engaged everyone in our community yet but we will continue to talk to people and using the findings to create our next plan. We will review our plan towards the end of the first year to make sure the priorities are still relevant and the activities to be included in the next plan are the right ones. We will work with our Invest Local officer to develop simple evaluation methods to use as highlighted above.

9. Who else are we working with to help deliver parts of our plan?

We recognise that we need to work with others to deliver some part of our plan and will be talking to a number of organisations within Blaenau Gwent to help make this happen. These include (but are not limited to): Coalfields Regeneration Trust, Blaenau Gwent County Borough Council, Tai Calon, Tenants and Residents Association, Communities for Work, local schools, Community Transport Association as well as others.

10. Our budget for the first year

This proposed budget is for the first year of Cefn Golau's Invest Local plan. The budget for future years will be developed through the evaluation and review process.

Priorities and Activities	Year 1
1. Improve the environment	
projects and initiatives not yet decided	£10,000
fund holder admin fee 5%	£500
TOTAL Project costs	£10,500
2. Make better use of outside space including access to play.	
Improvements to the MUGA	
Building Work Incl VAT	£47,970 Bridge Funding received
Sports equipment (to be left in community house)	£300
3 hours per week after school activities – 40 weeks @£24 hour	£2,880
Security measures	£1,000
Sports Leaders UK Level 1 Course x 6 (2 day)	£858
CRT project management fees	£1,612-Bridge Funding received
Sub-total	£54,620
TOTAL Project Costs requested in plan	£5,038
3. Create a safer and more accessible community	
projects and initiatives not yet decided	£10,000
fund holder admin fee 5%	£500
Sub-total	
TOTAL Project costs	£10,500
4. Improve community involvement in existing and new groups, activities and events.	
support develop and sustain regular community activities	
projects and initiatives not yet decided	£10,000
Improved communications	
To include radio slot, production of videos and marketing	£20,000
Developing Men Sheds Initiative	
Initial Start up costs	£2,500-Getting Going fund already received

Additional costs for development	£5000 additional costs requested
Explore options for new community building	
Building survey costs and feasibility studies	£15,000
Total Fund holder admin fee 5%	£2,500
Sub-total	
TOTAL Project costs this plan	£52,500
5. Increase access to leisure, education, health, employment and advice services for all community members.	
IT Suite refurbishment and project co-ordinator	
part-time staff costs including <ul style="list-style-type: none"> • management fee • recruitment costs • NI and pension insurance costs resources costs IT support management and furniture costs miscellaneous-including sound proofing start-up costs	£20,000 £1000 £2000 £2000 £2000 £3,500-already received through Getting Going
total requested for project this plan	£27,000
fund holder admin fee 5%	£1350
Sub-total	£28,350
6.Improve access to transport	
Transport Pilot project	
project still in development	£25,000
Fund holder admin fee 5%	£1250
Sub-total	
TOTAL Project costs	£26,250
Additional costs	
CRT Development support	
Total cost	£15,059
Cefn Golau Together meeting costs	
Room hire and refreshments Fund holder admin fee 5%	£1000 £50
Total costs	£1050

Subtotal of request this plan	£149,247
--------------------------------------	-----------------

11. Individual Project Plans

i. Cefn Golau MUGA Improvement project

1. What will your project do?

Provide a new, safe, open access multi-use game (MUGA) facility – used by local people - creating a healthier, vibrant and safer Cefn Golau.

To include a launch event for the new MUGA and ongoing sports provisions mainly targeting aged 13-25 years.

2. What will it achieve (what will happen when it ends)?

The existing concrete MUGA is unsafe (failed risk assessment), unattractive and does not meet the needs of the community. The residents, particularly the young people of Cefn Golau deserve better.

Local agencies have highlighted the need for diversionary activities for young people to curb the levels of anti-social behaviour and the drinking of alcohol by these age groups. The community is desperate for a place where people can play and partner agencies can deliver informal 'turn up and play' sports activities. Whilst the group recognises that sports activity will not prevent underage drinking, it will be a positive diversionary activity that will definitely curb it.

More local young people to participate, exercise, have fun, meet new friends and develop new skills.

The new MUGA will be a catalyst for other proposed future developments i.e. playground improvements, potential skate park etc. A launch event will be important as this will be the first major tangible investment on the Estate (via this fund); it'll help raise the profile of what we do and be a statement of intent that the vision can be implemented.

3. How does it contribute to the vision for your area?

In line with invest local action planning for Cefn Golau, the recent consultation highlighted the need to provide activities for young people on the Estate. Local residents get healthy, more active, more often. Regeneration of an under-utilised community asset. Increased sports participation, impacting on some of the wider social issues such as community safety and lack of community engagement (young people aged 13 – 24).

4. Which objectives/priorities (one of more) does it contribute to?

The project will contribute to the specific priorities, as identified at Cefn Golau Together meetings, specifically 'Improving the environment by creating a safer and more accessible community making better use of outside space including access to play.' & 'Increase access to leisure amenities for all community members.'

5. How do you know if it has been successful?

Seeing people use the facility

Young people having fun

Young people participating in team activities

6. Is it working alongside any other projects or organisations?

Blaenau Gwent CBC: Freeholders. Responsibility for ongoing maintenance and youth service provision.

Tai Calon & Cefn Golau TARA: Local marketing.

Game On Wales: Venue for Sport Leaders UK accredited training.

Aneurin Leisure: 'Our future involvement in Cefn Golau. Once there is a safe facility installed in Cefn Golau as a sport development team we will be able to provide the local community with a Door Step sport club. That club will provide weekly sport and physical activity sessions which will include multi-sport, women and girls and physical literacy sessions. The Fit and Fed project during the school holidays is already established in the Cefn Golau but the options for physical activity is limited due to the poor facilities. Once engaged with the local community we can introduce leadership courses and sporting qualifications for community members. This will allow them to take ownership over the Door Step sport club, delivering sessions themselves. It will also enhance their CV and employability opportunities.'

Gareth Winmill
Community Sport Officer

7. Who will run the project?

Game On Wales, a Coalfields Regeneration Trust programme with local authority permission to redevelop land.

8 & 9 What is the budget, and how did you work it out?

Total of £54,620,000. £47,970 for build, CRT support. Launch event based on quotes from contractors - standard MUGA specification. Plus additional for associated support costs including launch event and ongoing regular activity that supplements in-kind support provided via Aneurin Leisure. Important that people know that the MUGA is there, is being well used and is for them i.e. not just young people but all sections of the community looking to stay active. Bridge funding has been received for the £47,970 and the build work will be completed by October 2018.

10. Have you looked at any other funding to part fund or fully fund this project?

Yes. Cruyff Court 3G EOI submitted (match funded) but discounted due space limitations and 3G surface; local authority unwilling to take on responsibility / cost for weekly 3G maintenance. Asset transfer option explored but subsequently discounted.

10. Risk?

Risk of vandalism is fairly high

Low-Contractor 'approved supplier' with significant track record. Local authority 'sign off' stage built into building phase – as a condition of taking on ongoing weekly maintenance (in-kind).

Risk of council not providing ongoing longer term insurance and maintenance costs.

ii. Improved Communications

1. What will your project do?

Raise the profile of Invest Local within our community by a variety of communication materials. We will do this by producing community newsletters and installing information boards, producing videos and exploring radio. We will also look to increase our social media presence and have allocated a small budget to do so.

2. What will it achieve? (what will have happened when it ends)

More people will know about Invest Local and will understand what the programme is all about. We also hope it will help the Community Forum to recruit new members and will also help contribute to the development of the next plan if we use it to ask people what think both about our first plan and about future projects.

3. How does it contribute to the vision for your area?

Our vision shows that we would like access to more opportunities and to feel valued, supported and respected.

By promoting Invest Local in our local community and communicating about the projects that are coming out of our first action plan, people will see that what they said does matter as we're using their opinions to develop projects.

Knowing what is going on the community will also help people to become aware of the opportunities and services available to them.

We also think that providing a way of promoting all of the work done by the local groups, buildings and organisations already in our community we will help them to work better together and hopefully improve their standing in the community.

4. Which objectives/priorities (one or more) does it contribute to?

We feel it contributes to two of our five priorities:

- Increase community involve in existing and new groups, activities and events.
- Increase access to a range of services and opportunities for everyone, improving health and well-being.

5. How will you know if it has been successful?

We will work with the independent evaluators to develop this further but we would hope that it would result in more people knowing and talking about Invest Local, more people taking part in Invest Local activities and more people being aware of Invest Local.

6. Is it working alongside any other projects or organisations?

Yes, it will complement the activities taking place during our first Driving Change action plan

7. Who will run the project?

The Cefn Golau Committee will oversee this project.

8. What is the budget?

£20,000 – this includes the production of videos, setting up websites, marketing materials, local radio slots and community newsletters amongst other items.

9. How did you work it out?

Through quotes from local service providers and general cost enquiries to provide an overall budget that the group can access during the year.

10. Have you looked into any other funding to part fund or fully fund this project?

No, this is a specific Invest Local activity therefore we as a Forum have not looked for funding from elsewhere

iii. Men's Sheds

1. What will your project do?

Men make up 47% of the population on the estate and, given the statistics above relating to skills and unemployment, this project offers social, educational and economic benefits to participants. There is extensive evidence of positive effects on the mental health of those participating in Men's Sheds. The consistency and frequency of such reports suggests that older men find benefits to their mental health from participating in social and physical activities in Sheds, due to a greater sense of belonging and purpose in their lives.

The project will provide a meeting place for men and offer opportunities for socialising, skills development, environmental and craft activities.

2. What will it achieve? (what will have happened when it ends)

The project will create a meeting place that is specifically targeted at the needs and interests of men on the estate. It will address issues of social isolation, develop inter-generation relationships, utilise the skills that many men on the estate have but are not currently employed and give confidence and a sense of purpose to men who may not access any other support or services. It will also improve basic skills and open up opportunities for volunteering, training and employment. It would also support the consultation findings of the need for allotments and activities for men of a certain age group, which in turn would help with the affordability of food.

3. How does it contribute to the vision for your area?

The project will improve physical and mental well-being, build a stronger community and help those seeking employment to develop practical skills. It would support all three elements of the vision below:-

- To be an even stronger community
- To have access to more opportunities both inside and outside Cefn Golau
- For everyone to feel valued, supported and respected.

4. Which objectives/priorities (one or more) does it contribute to?

We feel it contributes to all following priorities:

- Improve the environment.
- Make better use of outside space including access to play.
- Increase community involvement in existing and new groups, activities and events.
- Increase access to leisure, education, health, employment, advice and transport services for all community members.

5. How will you know if it has been successful?

Measures of success will be:
Establishing the Men's Shed
Number of men engaged
Workshops and events taking place
Confidence and skills improved

6. Is it working alongside any other projects or organisations?

Yes, the project will be working alongside the Tenants & Residents Association, Aneurin Bevan Health Authority, Men's Sheds Cymru, Shednet, Tai Calon and Space Saviours.

7. Who will run the project?

The project will be co-ordinated by Cefn Golau Together and CRT with support from Men's Sheds Cymru and Shednet

8. What is the budget?

The development budget is £2500 which has been covered through Getting going funds; further investment will be needed depending on what activities are identified and number of men joining.
£5,000 additional investment to purchase equipment and venue costs etc.

9. How did you work it out?

Guidance on start-up costs is available through Shednet U.K

10. Have you looked into any other funding to part fund or fully fund this project?

Yes – Shednet UK have a start-up fund of up to £1000 however it is not guaranteed and would be additional to the £2500 which has

already been received from the Getting Going Funds to develop this community initiative.

iv. Community I.T Facility

11. What will your project do?

The project is a four stage plan to improve access to services and support for the community through the improvement of facilities, greater partnership working through improved co-ordination and shared vision.

The three stages of the project are:

- a. Refit of the I.T suite, secure broadband provision and agency support to address the issues around Welfare Reform and digital exclusion.
- b. Improving facilities at the Community House to ensure it is accessible and fit for purpose.
- c. Develop the role of Partnership Co-ordinator to develop and maintain agency presence and service delivery.
- d. Looking at longer term future sustainability and long term use including suitable community building to host the facility.

The project will provide I.T equipment, software and support for Universal Credit claimants, school children and young people who are digitally excluded and the wider community who struggle to access online services.

12. What will it achieve? (what will have happened when it ends)

The project will provide much needed access to computers, scanners, and broadband for the many people on the estate who will be impacted by Universal Credit. It has been identified by the local authority, agencies and DWP that many claimants will not have the skills or access to technology that is required in order to make claims, become verified and manage their ongoing relationship via an I.T portal.

In addition, the facilities and equipment will also be used to support home-work clubs, job searches and other online service such as booking hospital appointments, searching for cheaper energy deals etc.

The building will be improved by the addition of disabled toilets to ensure that people with mobility issues are able to access services and support.

The role of co-ordinator will be essential once the project is established to ensure that agencies and organisations who can offer support are

coordinated and are delivering what they should be into the community. In addition, as the usage increases there will need to be someone present at the community to house to ensure any I.T issues are quickly resolved, services are promoted and taken up and further partnerships are developed that will increase the opportunities for people living in Cefn Golau.

Ongoing alongside this the committee will be looking at longer term sustainability and community building. Whether it means to improve the current facility or consider alternative future plans.

13. How does it contribute to the vision for your area?

Our vision identified the need to address the lack of services and facilities in order to improve the health and wellbeing of the community.

In particular, this project will improve educational attainment and support people into work which will address issues around poverty, self-esteem and benefit dependency.

14. Which objectives/priorities (one or more) does it contribute to?

We feel it contributes to two of our three priorities:

1. Increase community involvement in existing and new groups, activities and events.
2. Increase access to leisure, education, health, employment, advice and transport services for all community members.

15. How will you know if it has been successful?

We will keep signing in books, track usage, and liaise with the school and other agencies to gather data related to the activities that will be facilitated by having this equipment and support. Examples would include:

People accessing digital support
Young people attending homework club
People supported to access services
People assisted with job searches
People gaining skills & training qualifications
People supported into employment and/or training.

16. Is it working alongside any other projects or organisations?

Yes, the project will be working alongside the Tenants & Residents Association, Communities for Work, Communities for Work Plus,

BGCBC Welfare Reform team, BGCBC Digital Inclusion team, Tredegar Comprehensive School.

17. Who will run the project?

The Cefn Golau Together group will oversee this project in partnership with the Tenants & Residents Association

18. What is the budget?

Stage 1 - £3500 received through Getting Going

Part-time Salary £20,000 including on Employer NI, pension and expenses, Recruitment costs and management fees.

Resources costs to include ink cartridges, paper, chairs and any other resource needs £2000

Computer insurance costs £1000

£2000 miscellaneous costs to cover it maintenance support, furniture etc.

Total £27,000 and £1350 CRT fund holder fee.

Sub total £28,350

19. How did you work it out?

Through quotes and reviewing salary scales for similar roles.

20. Have you looked into any other funding to part fund or fully fund this project?

Yes – we have contacted Care & Repair and Tai Calon to identify possible funding avenues as yet no other funding has been identified but enquires are ongoing.

v. Community Transport Pilot

1. What will your project do?

Develop a community transport pilot project to address the current transport provision issues in the area.

Contact with a number of the community transport organisations operating in neighbouring boroughs has been made but they are lacking capacity to deliver into Cefn Golau .Discussions are ongoing with CTA Wales who have a programme that the Committee may be able to tap into and the Development Officer is working with them to access advice and possible sources of funding. The increase in transport to school costs make this project a priority given that the number of children in poverty in 2016 was over double the Wales

average meaning the significant increase in transport costs last year will push these families into even greater poverty and could impact on children's attendance and attainment in school, which is already far behind the national average.

This pilot will look at a range of solutions which best fit with the current needs of the community.

2. What will it achieve? (what will have happened when it ends)

It would look to support families with school age children, service users such as Universal Credit claimants, Job centre, community groups and vulnerable groups as well as others in the community. It will allow access to services both inside and outside of Cefn Golau providing improved access to health, education, leisure as well as other support services. This pilot will allow us to work towards a longer term transport project working with multi-agencies to ensure future sustainability, this will look to building on all of the other priority areas.

3. How does it contribute to the vision for your area?

- To have access to more opportunities both inside and outside Cefn Golau
- For everyone to feel valued, supported and respected.

4. Which objectives/priorities (one or more) does it contribute to?

- Create a safer and more accessible community
- Improve community involvement in existing and new groups, activities and events.
- Increase access to leisure, education, health, employment and advice services for all community members.
- Improve access to transport.

5. How will you know if it has been successful?

People will be able to access services and provisions

People will feel more confident to travel

People will feel happier and more independent

6. Is it working alongside any other projects or organisations?

Deighton Primary School, Community Transport Association, TARA, GAVO

7. Who will run the project?

Coalfields regeneration development officer will lead on the pilot working alongside the community and other partners.

8. What is the budget?

£25,000

9. How did you work it out?

This budget is an approximate figure for the pilot and is not made up of any specific quotes as yet.

10. Have you looked into any other funding to part fund or fully fund this project?

We will be looking towards other agencies to support this moving forward once a pilot has been put together.

[vi. Development support from CRT](#)

1. What will your project do?

The project will build on the support that CRT has delivered to Cefn Golau Together under the Getting Going Stage; support will be provided to progress the identified priority projects, further develop the committee and widen the partnership working.

2. What will it achieve? (what will have happened when it ends)

The Committee and wider community will be supported to drive forward the project plans, have improved community development and project planning skills, have extended and improved partnerships and networking and gained wider support from local people.

3. How does it contribute to the vision for your area

The development support is designed to match the vision and all activities will be considered against that vision

4. Which objectives/priorities (one or more) does it contribute to?

We feel that as the development support will be targeted at the projects identified by Cefn Golau Together it will contribute to all three of our priorities:

3. Improve the environment by creating a safer and more accessible community making better use of outside space including access to play.
4. Increase community involvement in existing and new groups, activities and events.
5. Increase access to leisure, education, health, employment, advice and transport services for all community members.

5. How will you know if it has been successful?

The development support will have improved the skills of the committee, engaged more community members and progressed the projects identified in the Action Plan.

6. Is it working alongside any other projects or organisations?

Yes, the project will be utilising the extensive networks CRT have and bringing in partners as appropriate to the projects and activities.

7. Who will run the project?

The project will be co-ordinated by Cefn Golau Together.

8. What is the budget?

The budget is £15,059.00;

9. How did you work it out?

Proposal quoted on an hourly basis and approved by Cefn Golau Together Committee.

9. Have you looked into any other funding to part fund or fully fund this project?

The project is a Service Level Agreement and therefore no other funds have been sought.

vii. Developing and sustaining regular community activities and events.

1. What will the project do?

We as a committee would like to support and organise a series of Community activities that bring people in the community together and allow us to talk about what other ideas people have for our next plan.

This will help us broaden our engagement, people will have the opportunity to contribute and we can make sure that the activities we're including are the right ones.

At present we do not know exactly what all these activities or events will be will update the project plan when these have been developed further.

2. What will it achieve? (what will have happened when it ends)

This will allow us to have continues conversations with the community, to allow the committee to involve the community with their plans, reduce social isolation by having more community activities running, increase use of local facilities and increase confidence and involvement of the local residents with the Cefn Golau Together group as well as other community activities.

3. How does it contribute to the vision of your area

It meets all three aspects of the community vision:

- To be an even stronger community
- To have access to more opportunities both inside and outside Cefn Golau
- For everyone to feel valued, supported and respected.

4. Which objectives/priorities (one or more) does it contribute to?

It would contribute to the following priorities

- Improve the environment
- Make better use of outside space including access to play.
- Create a safer and more accessible community
- Improve community involvement in existing and new groups, activities and events.
- Increase access to leisure, education, health, employment and advice services for all community members.
- Improve access to transport.

5. How will you know if it has been successful?

More people will be accessing local groups and events

More people would be sharing their thoughts and views with us

More people will be involved in the programme

6. Is it working alongside any other projects or organisations?

Yes we look to work in partnership with other local service providers and organisations to run activities and events on behalf of the group this would include the TARA and others we will know once the activities and events have been confirmed.

7. Who will run the project?

Members of the Cefn Golau together group will run this project with the support of the development officer from CRT.

8. What is the budget?

The budget for this is £10,000

9. How did you work it out?

The group looked at costs for running events and activities and estimated the figure to cover a one year period.

10. Have you looked into any other funding to part fund or fully fund the project?

As these will be activities run by the group, no other funding has been sought as this stage.

[viii. Explore options for suitable community building](#)

1. What will the project do?

One of the things that has been brought up since invest local has been introduced into the area has been the lack of community buildings and provision in the area. Alongside this the suitability of the current building that they do have-the Community House.

This theme also followed throughout the consultation that was held and many feel that potential activities they would like to have are limited due to this barrier.

Many suggestions have been made during this time and those include:-

- Improving the current building
- Working alongside Tai Calon to have a larger Community house made up of 2 properties opposed to one
- Purchasing the building next door to the community house and re-doing them to make a suitable venue.
- Use the ironsides social club as a community venue

The Cefn Golau together committee aim to look into all or as many of these options as possible and see if any of them could be viable solutions moving forward.

2. What will it achieve? (what will have happened when it ends)

This will allow us to have viable options for a suitable community building for use of all the community including disabled toilets and access, a larger

space and the possibility of holding a far wider range of activities and events for the community.

This will begin with identifying the possibility of community purchasing the Ironsides social club. It would require building surveys to assess suitability and work required, a feasibility study as well as other factors such as ongoing management and running costs etc.

3. How does it contribute to the vision of your area?

It meets all three aspects of the community vision:

- To be an even stronger community
- To have access to more opportunities both inside and outside Cefn Golau
- For everyone to feel valued, supported and respected.
-

4. Which objectives/priorities (one or more) does it contribute to?

It would contribute to the following priorities

- Create a safer and more accessible community
- Improve community involvement in existing and new groups, activities and events.
- Increase access to leisure, education, health, employment and advice services for all community members.
- Improve access to transport.

5. How will you know if it has been successful?

If a viable option leads to a sustainable community building proposal in a future plan

6. Is it working alongside any other projects or organisations?

Yes we look to work in partnership with CRT in the first instance and use their expertise to identify suitability of the Ironsides building. Tai Calon would be key partners for the current Community House building and other Tai Calon owned building options.

We would also work with other local service providers and organisations to run activities and events on behalf of the group this would include the TARA and others.

7. Who will run the project?

The initiative would be led by the Cefn Golau Together committee alongside CRT.

7. What is the budget?

The budget for this is £15,000

8. How did you work it out?

The group looked at costs for building surveys and feasibility studies amongst other items.

9. Have you looked into any other funding to part fund or fully fund the project?

As this will be initially run by the group, no other funding has been sought as this stage.